

Figure 4.15

IDENTIFYING KINESTHETIC STRENGTHS

- 10-12 = Excellent
- 7-9 = Good
- 4-6 = Moderate
- 0-3 = Poor to Fair

The student can:

- ___ 1. run, walk, catch a ball, and so on, in a rhythmical, smooth fashion
- ___ 2. concentrate for fifteen to 30 minutes during kinesthetic activities that require whole-body movement
- ___ 3. recall dances, games, sports, and/or directions after performing them a few times
- ___ 4. move his/her body easily and freely when acting in a play
- ___ 5. remember words seen on posters and signs when on a trip
- ___ 6. memorize a script more easily when actually performing in a play
- ___ 7. understand concepts after “experiencing” them in some way (e.g., going on a trip, acting in a play, caring for pets, performing experiments, and so on)
- ___ 8. remember words after “experiencing” them (e.g., looking at the word “apple” while eating an apple or pretending to be an elephant while learning the word “elephant”)
- ___ 9. recall words used in a floor game more easily after playing the game a few times
- ___ 10. remember facts, poetry, lines in a play more easily when he/she is walking or running, rather than standing still
- ___ 11. recall a letter of the alphabet more easily after forming it with his/her entire body
- ___ 12. remember the “feeling” of a story better than the details